



Breathe Ease

Respiratory & Sleep Services
P: 07 4634 6933
P: 07 4634 6911
E: reception@trss.com.au

Referral Form

LUNG FUNCTION / CONSULTATION
Dr Gonesh Karmakar
Suite 109, 1808 Logan Road
Upper Mt Gravatt, QLD, 4122

Patient Details:

Name: _____ Date of Birth: ____ / ____ / ____

Address: _____

Home phone: _____ Mobile: _____

Referred by:

Name: _____ Provider No.: _____

Signature/stamp: _____

Date: _____

Services required:

URGENT

NON-URGENT

CONSULTATION: Yes No

Full Lung Function (includes spirometry, lung volumes and gas transfer)

Spirometry (pre & post bronchodilator)

FeNO – Fractional Exhaled Nitric Oxide

Bronchial Provocation Test (Mannitol)

Respiratory Muscle Strength (MIPS & MEPS)

Lying and Standing

6 minute walk test

Air O₂

Overnight Oximetry

Sleep Apnoea

CLINICAL NOTES:

MEDICATIONS:

PATIENT INSTRUCTIONS

ALL TESTS

- Do not smoke for at least 1 hour before the test
- Do not consume alcohol or caffeinated drinks 4 hours prior to testing
- Do not perform vigorous exercise for 1 hour before the test
- Do not eat a large meal or have a big drink for 3 hours prior to testing
- Do not wear restrictive clothing

SPIROMETRY

- Do not take relievers such as Ventolin, Bricanyl, Atovent or Asmol on the day of testing, however take them if you feel like you need them
- Do not take long acting relievers such as Oxis, Symbicort, or Serevent for 12 hours prior to testing

TRANSFER FACTOR

Avoid smoking for 24 hours prior to testing if possible.

BRONCHIAL PROVOCATION TEST (MANNITOL CHALLENGE)

You will be given some Mannitol (a sugary powder), to inhale. Between doses, you will perform breathing tests to assess your response to Mannitol. Before this test, please avoid the medications below for the specified period. However, if you feel that you need them, please do, but the testing will have to be rescheduled.

| | |
|----------------------|---|
| Day of test | Caffeine (coffee, energy drinks, Coca Cola, Pepsi, or chocolate) Do not smoke or perform vigorous exercise |
| 8 hours before test | Ventolin, Bricanyl, Asmol, Airomir, Atrovent, Intal, Tilade |
| 12 hours before test | Pulmicort, Flixotide, Alvesco, Qvar, Arnuity |
| 24 hours before test | Nuelin (Theophylline) |
| 48 hours before test | Seretide, Symbicort, Serevent, Breo Ellipta, Oxis |
| 72 hours before test | Spiriva, Seebri, Bretaris, Ultibro, Anoro ellipta, Brimica, Incruse Ellipta Antihistamines, such as: Zyrtec, Telfast, Claratyne, Polaramine, Phenergan |
| 4 days before test | Singulair |